

Municipal Mental Health

Nurturing a productive, happy and
mentally healthy workforce

Perspectives & Perceptions

- Symptoms vs. diagnosis
- Advocacy
- The right mix
- HR, SW, VSO, CEO, MD/PhD, EAP, WC
- Other fingertip resources
- Beyond symptoms, finding stressors
- Conversation, dictation or dialogue?

Connections & Community

- Voice & audience
- Mutual Mondays (Foxborough ex.)
- Local Veteran Councils and Committees
- Linked Together Group (Foxborough ex.)
- VSO one touch dialing with
 - Public Safety
 - Clergy
 - Housing Authority
 - HR, COA, BOH, DPW, Unions, C-Suite & LICSW

Places & Faces

- Local VSO (first line resource broker)
- Vet Center
- VA hospital
- Home Base Program (sometimes appropriate)
- Local community mental health centers
- Affiliation with local groups & veteran posts

Across the desk or by the table?

- Documenting
- Progressive discipline vs. psychological assistance
- Counseling
- Culturing
- Nurturing
- Encouraging

Resource Tool Kit

- Veterans Crisis Line 1-800-273-8255(TALK), press 1
- Chat at VeteransCrisisLine.net or text 838255
- <https://www.mentalhealth.va.gov/>
- DVS 617-210-5480, 5481, 5482
- DVS Peer SAVE Team 617-210-5743
save@massmail.state.ma.us
- <http://homebase.org/clinical-care/invisible-wounds-war/>
- <http://www.mvsoa.com/>

Contact information for questions, concerns or follow up:

Michael C. Johns, MA, MPA

mjohns@foxboroughma.gov

Office 508-543-1204

Mobile 508-612-0730