Municipal Mental Health

Nurturing a productive, happy and mentally healthy workforce
Perspectives & Perceptions

- Symptoms vs. diagnosis
- Advocacy
- The right mix
- HR, SW, VSO, CEO, MD/PhD, EAP, WC
- Other fingertip resources
- Beyond symptoms, finding stressors
- Conversation, dictation or dialogue?
Connections & Community

- Voice & audience
- Mutual Mondays (Foxborough ex.)
- Local Veteran Councils and Committees
- Linked Together Group (Foxborough ex.)
- VSO one touch dialing with
  - Public Safety
  - Clergy
  - Housing Authority
  - HR, COA, BOH, DPW, Unions, C-Suite & LICSW
Places & Faces

- Local VSO (first line resource broker)
- Vet Center
- VA hospital
- Home Base Program (sometimes appropriate)
- Local community mental health centers
- Affiliation with local groups & veteran posts
Across the desk or by the table?

- Documenting
- Progressive discipline vs. psychological assistance
- Counseling
- Culturing
- Nurturing
- Encouraging
Resource Tool Kit

- Veterans Crisis Line 1-800-273-8255 (TALK), press 1
- Chat at VeteransCrisisLine.net or text 838255
- [https://www.mentalhealth.va.gov/](https://www.mentalhealth.va.gov/)
- DVS 617-210-5480, 5481, 5482
- DVS Peer SAVE Team 617-210-5743
  save@massmail.state.ma.us
- [http://homebase.org/clinical-care/invisible-wounds-war/](http://homebase.org/clinical-care/invisible-wounds-war/)
Contact information for questions, concerns or follow up:

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