Strong Families Make Strong Communities

MMA Annual Meeting
January 19, 2018

June David-Fors, LICSW
Town of Northborough
Town of Northborough Demographics

- 2016 Population: 14,895
- 2015 Labor Force: 7,920
- Form of Government: Town Administrator
- Five-Member Board of Selectmen
- FY2017 Tax Rate per Thousand: $17.39
- FY2017 Municipal Budget: $60,658,656
Northborough Family & Youth Services

Serving the Town of Northborough Since 1976
Brief History . . .

Concerned Residents

Unanimous Vote By Selectmen

Established as Town Department

September 13, 1976
Our Mission . . .

- To identify and respond to the Town’s human service needs to enhance the quality of life for Northborough individuals, youth and families

- Our services are shaped by community need and developed through ongoing collaboration with the Youth Commission, town departments, schools and several other organizations
Who We Are Today . . .

- Town’s community-based human service agency
- Centralized source for human service needs
- Serving over 920 residents annually
- Instrumental in creating new town resources:
  - Northborough Extended Day Programs (affordable child care)
  - Northborough Food Pantry (free food for residents)
Message from John Coderre, our Town Manager

“As a Town Administrator I appreciate having professional staff on hand to help manage crisis situations and provide appropriate follow-up and referral assistance to residents.

All too often people going through a difficult time either lack the capacity to advocate for themselves, or simply don’t know where to begin. FYS can help them navigate the system to get the resources they need to start moving in a positive direction.”
Programs: Mental Health Services

- Child/Adolescent Therapy
- Individual/Family Therapy
- Grief Support Group
- Parent Consultation
- Crisis/Trauma Response
- Mental Health Assessments
Programs: Basic Health Needs

- Case Management
- Fuel Assistance Site
- Apply for SNAP/MassHealth
- Food Pantry Outreach
- Northborough Cares
- Northborough Task Force
Programs: Information & Referrals

- Extensive Referral Network
  - 432 residents/1,004 referrals

- Medical clinics, mental health providers, legal aid, food, fuel

- Over 500 collateral contacts to advocate on behalf of clients
Partnership Programs . . . Page 1.

Northborough Extend Day Programs:
- After School Day Programs
- Shared Office Space & Personnel

Northborough Public Schools:
- Onsite Therapy to Students
- Family Success Partnership
- District Wellness Committee
Helping Hands Association:

- Holiday Gifts
- Thanksgiving Meal
- Back Pack Program
- Emergency Financial Aid
- Medical Equipment Loan Program

Northborough Food Pantry
Partnership Programs . . . Page 3.

- Graduate Internship Site
- Special Benevolent Fund
- TEAMWORKS Scholarships
- Northborough Rotary Club
- Interfaith Clergy Association
- Friends of Families in Transition
Regional & Town-Wide Partnership Initiatives

- MetroWest Substance Abuse Prevention Coalition
- Northborough Cares and the Town Task Force
- Childhood Obesity: Building a Healthy Northborough
Here is the very good news for towns . . .  
*It is an investment well worth your while . . .*

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<thead>
<tr>
<th>FY2018 BUDGET – Family &amp; Youth Services</th>
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<tbody>
<tr>
<td>PERSONNEL:</td>
</tr>
<tr>
<td>Director</td>
</tr>
<tr>
<td>Counselor</td>
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<tr>
<td>Office Assistant</td>
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<tr>
<td><strong>Total Full Time Equivalent</strong></td>
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<tr>
<td>EXPENSES:</td>
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<tr>
<td><strong>TOTAL DEPARTMENT BUDGET:</strong></td>
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Contact Information . . .

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WEBSITE:
http://www.town.northborough.ma.us/Pages/NorthboroughMA_Family/index
Importance of Humor...
Importance of Humor...

The GOOD news is that you’ve been promoted to head the team... the not so good news is that you ARE the team!

I worry about how David will cope with retirement. He’s spent ALL his working life dealing with PEOPLE.

How will he COPE without all that INVOLVEMENT? He’s putting a brave face on it but how does he REALLY feel?

YIPPEEEE!